

Pre & Post Treatment Instructions

Pre-Treatment:

- Discontinue use of Retin-A, retinol, glycolic, or beta-hydroxy acid product of any type for 5 days prior to treatment.
- No chemical peels or mechanical exfoliation for 10 days prior to treatment.
- Avoid sun exposure. Apply SPF 30+ as needed throughout the day.

Post-Treatment:

FOR LIGHT, 'NO DOWNTIME' TREATMENT:

- Avoid using all products that contain Retin-A, retinol, glycolic acid, or beta-hydroxy acid for 3 to 5 days post treatment.
- Resume your normal skincare regimen as directed by your skincare professional.

FOR MODERATE TO AGGRESSIVE TREATMENT (WITH / WITHOUT POST-TREATMENT SCABBING):

- AM & PM: Cleanse the treated area with a gentle, non-drying cleanser and pat dry
- Apply a light moisturizer to keep skin hydrated and comfortable.
- Keep any scabbed areas lightly covered with an occlusive barrier gel or ointment to encourage healing.
- DO NOT pick, peel, pull or scrub the scabs off the skin. Doing so may cause permanent damage and potential scarring. Allow scabbed areas to slough off naturally.
- Avoid all products that contain Retin-A, retinol, glycolic acid, or beta-hydroxy acid for a minimum of 5 days post treatment.
- Apply SPF 30+ as needed throughout the day.
- When going outdoors, always wear a hat or sun visor. DO NOT expose the treated area to sunlight, even on cloudy days without complete sun protection.
- Resume your normal skincare regimen as directed by your skincare professional.